



YOGA FEDERATION OF INDIA

(REGD. UNDER THE SOCIETIES REGISTRATION ACT XXI OF 1860, REGD. NUMBER 1195, DATED 14.02.90)

AFFILIATED TO ASIAN YOGA FEDERATION, INTERNATIONAL YOGA FEDERATION & INTERNATIONAL YOGA SPORTS FEDERATION

RECOGNITION OF : INDIAN OLYMPIC ASSOCIATION - OCTOBER, 1998 TO FEBRUARY, 2011

REGD. OFFICE : Flat No. 501, GHS-93, SECTOR-20, PANCHKULA -134 116 (HARYANA) - INDIA

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Ref. No.YFI / 34504-573

Date: 02.12.2023

Subject: Minutes of Annual General Meeting of Yoga Federation of India held on 23rd November, 2023 at 06:00 PM at DTRP Indoor Stadium, Guwahati (Assam) at the occasion of 48th Sub-Junior & Junior National Yogasana Sports Championship.

Following were present in the meeting.

S. No.	NAME	STATE / UNIT
1.	Mrs. Indu Aggarwal, President, Yoga Federation of India & President HSYA.	Haryana
2.	Yogiraj N. Ramalingam, Vice President, YFI, Sec., TNYA	Tamil Nadu
3.	Adv. B. Balachandran, Vice President, YFI & President, YAK	Kerala
4.	Shri Raman Kumar, Treasurer, YFI & Secretary, HPYA.	Himachal Pradesh
5.	Shri Prabhat Ch. Bora, Joint Secretary, YFI & General Secretary, Assam Yoga Association.	Assam
6.	Dr. Anita Patil, Executive Member, YFI & President, Maharashtra Yoga Association.	Maharashtra
7.	Dr. Abhinav Joshi, Executive Member, YFI and General Secretary, Yoga Sports Association of Rajasthan.	Rajasthan
8.	Shri Arindam Mitra, Org. Sec., Haryana State Yoga Association.	Haryana
9.	Shri Vishal Goel, General Secretary, Punjab Yoga Association	Punjab
10.	Ms. Davinder Kaur, Representative of President, Punjab Yoga Association.	Punjab
11.	Shri Chitta Ranjan Borah, Representative of President, AYA.	Assam
12.	Shri M. Avinash Shetty, General Secretary, Yoga Sports Association of Andhra Pradesh.	Andhra Pradesh
13.	Shri Navin Acharya, Secretary, Goa Yoga Association.	Goa
14.	Shri Awdesh Kumar, President, Bihar Yoga Association.	Bihar
15.	Shri Vivekanand, General Secretary, Bihar Yoga Association.	Bihar
16.	Shri Mukesh Kumar, Representative of President, J & K Yoga Association.	J & K
17.	Shri Aryaaveer Singh, Representative of Secretary, J & K Yoga Association	J & K
18.	Shri T. Manoj Kumar, Representative of Secretary, Telangana Yoga Association.	Telangana
19.	Dr. Asit Kumar Aich, Representative of President, West Bengal Yoga Association.	West Bengal
20.	Shri Manik Pradhan, Representative of Secretary, West Bengal Yoga Association.	West Bengal
21.	Ms. Ritu Rana, Representative of President, Chandigarh Yogasana Association	Chandigarh
22.	Shri Chandan Babu Poojari, Representative of Secretary, Chandigarh Yogasana Association	Chandigarh
23.	Shri Devesh Solanki, Representative of the President, Chhattisgarh Yoga Association.	Chhattisgarh
24.	Shri Manoj Pratap Singh, President, Yoga Sports Association (M.P.)	Madhya Pradesh
25.	Mrs. Archana Singh, Representative of Secretary, Yoga Sports Association (M.P.)	Madhya Pradesh

26.	Acharya Mohinder Sharma, President, Himachal Pradesh Yoga Association.	Himachal Pradesh
27.	Shri Sapan Kumar Shaw, Representative of President, Jharkhand Yoga Association	Jharkhand
28.	Kumari Srijan, Representative of General Secretary, Jharkhand Yoga Association	Jharkhand
29.	Shri Chandrakant S. Pangare, Chairman, Maharashtra Yoga Association.	Maharashtra
30.	Shri Uttam, Representative of General Secretary, YAD.	Delhi
31.	Shri K.V. Rajagopalan, Representative of President, TYSA.	Tamil Nadu
32.	Shri G. N. Krishnamurthy, President, Karnataka State Amateur Yoga Sports Association.	Karnataka
33.	Dr. P.N. Ganesh Kumar, Representative of Secretary, KSAYSA.	Karnataka
34.	Shri Jambeshwar Khuntia, Representative of Secretary, Orissa Yoga Association	Odisha
35.	Shri Sunil Kumar, General Secretary, Yogasana Sports Alliance Association U.P.	Uttar Pradesh
36.	Shri Ashok Kumar Aggarwal, President AYF & Chairman, YFI	Special invitee

Shri Raman Kumar, Treasurer, Yoga Federation of India & General Secretary, HP Yoga Association while extending warm welcome to the members present in the meeting, conveyed his gratitude to the host Assam Yoga Association for taking the responsibility to organize 48th Sub-Junior & Junior National Yogasana Sports Championship at Guwahati (Assam). He conveyed his special thanks to Shri Ashok Kumar Aggarwal, President, Asian Yoga Federation & Lifetime Chairman of Yoga Federation of India for his benign presence at the occasion. He requested Mrs. Indu Aggarwal, President, Yoga Federation of India to chair the meeting, which was accepted by her.

It was informed by the officials of West Bengal Yoga Association about the sad demise of Dr. Himanshu Dey, husband of Smt. Tapasi Dey, one of the senior members of YFI. The house observed two minutes silence to give homage to the departed soul.

The meeting came into order as per agenda:-

Smt. Indu Aggarwal, President, YFI while extending warm welcome to all the members present in the meeting conveyed her thanks to the Officer Bearers, YFI, Presidents / Secretaries State / UT Yoga Associations, National Yoga Referees for their benign presence at the occasion and Yoga Players from 30 states of India for their participation in the 48th Sub-Junior & Junior National Yogasana Sports Championship at Guwahati (Assam). She conveyed her thanks to the office bearers of Assam Yoga Association particularly their President, Shri Tapan Kumar Das & General Secretary, Shri Prabhat Ch. Bora and their entire team for the organization of 48th Sub-Junior & Junior National Yogasana Sports Championship at Guwahati (Assam).

Following points were discussed as per agenda of the meeting.

1. Confirmation of the minutes of the previous meetings of Yoga Federation of India held on 25.03.2023 at Pali (Rajasthan).

It was informed by the President, YFI that the last General Body Meeting of YFI was held on 25.03.2023 at Pali (Rajasthan) at the occasion of 47th Senior National Yogasana Sports Championship.

She informed that the minutes of the said meetings were circulated earlier to all the members of Yoga Federation of India.

Yogiraj N. Ramanlingan, Vice President, YFI & General Secretary, Tamil Nadu Yogasana Sports Association and Acharya Mohinder Sharma, President, Himachal Pradesh Yoga Association seconded and the house unanimously approved the minutes of General Body Meeting of YFI held dated 25.03.2023 at Pali (Rajasthan).

2. Annual report of Yoga Federation of India for the session 2022-23.

The President, YFI informed that the annual report of Yoga Federation of India for the session 2022-23 was to be presented by Shri Sanjay Jha, Secretary General, Yoga Federation of India but due to some unavoidable circumstances, he was unable to attend the said meeting at Guwahati (Assam).

Therefore, while presenting the report of Yoga Federation of India, she informed the house that during the period 2022-23, the Yoga Federation of India organized: –

(i) 7th Federation Yogasana Sports Cup - Online Live – on June 24th, 25th and July 01st & 2nd 2023

7th Federation Yogasana Sports Cup was held Live-Online on June 24th, 25th and July 01st & 02nd, 2023. First 10 positions holders of 47th Sub-junior & Junior National Yogasana Sports Championship held from 28th to 31st October, 2022 at Dass & Brown World School, Ferozepur (Punjab) and 47th Senior National Yogasana Sports Championship held from 25th to 28th March, 2023 at Pali (Rajasthan) participated in 7th Federation Yogasana Sports Cup. Total 379 Yoga Players (190 Male & 189 Female) from 24 States of India participated in Yogasana, Professional Yogasana, Artistic Solo & Rhythmic Yogasana Competition, whereas 127 National Yoga Referees of Yoga Federation of India evaluated their live performance.

The West Bengal State Yoga team won the overall General Championship of the 7th Federation Yogasana Sports Cup followed by Maharashtra State Yoga Team winning Overall runners-up championship and Assam State Yoga Team winning 2nd Overall runners-up championship.

(ii) Yoga Referee's Diploma Examination and National Yoga Referee's Up-gradation Examination – 2022 – Online on 25th September, 2022

The federation conducted online National Yoga Referees Diploma Examination & National Yoga Referee Up-gradation Examination on 25th September, 2022. Total 114 National Yoga Referees cleared the exam of A, B & C Grade and were awarded National Yoga Referee Diploma Certificates & Up-gradation Diploma Certificates.

(iii) 7th National Yoga Referees' Refresher Course on 01st & 02nd October, 2022

7th National Yoga Referees' Refresher Course live – online was organized on 1st & 2nd October, 2022. Total 219 National Yoga Referee from all states of India refreshed their technical knowledge with this refresher course.

(iv) Workshop for National Yoga Referees attending 47th Sub-Junior & Junior National Yogasana Sports Championship on 16th October, 2022

Workshop for National Yoga Referees attending 47th Sub-Junior & Junior National Yogasana Sports Championship was held on 16th October, 2022 in two sessions. Total 88 National Yoga Referees attended the workshop.

(v) 47th Sub-Junior & Junior National Yogasana Sports Championship from 28th to 31st October, 2022 at Dass & Brown World School, Ferozepur City (Punjab)

The 47th Sub-Junior & Junior National Yogasana Sports Championship was held from 28th to 31st October, 2022 at Dass & Brown World School, Ferozepur (Punjab) in which 705 Yoga Players (332 Males & 373 Females) from 26 States of India participated in the five age groups of Junior Yogasana and two age groups of Professional Yogasana Competition (Females). 122 male & female Competitors exhibited their performances in Artistic Solo, Artistic Pair, Rhythmic & Free Flow Yogasana Dance Competition. 146 National Yoga Referees of Yoga Federation of India attended the championship.

West Bengal Yoga Team won the Overall General Championship followed by Haryana State Yoga Team winning 1st Runner's up position and Jharkhand Yoga Team winning 2nd Runner's up position.

Hon'ble Shri Fauja Singh Sarari, Cabinet Minister Punjab was the chief guest on the opening ceremony of 47th Sub-Junior & Junior National Yogasana Sports Championship on 28th October, 2022. Shri Rajneesh Dahiya, MLA Ferozepur Rural, Ms. Amrit Singh, IAS, Deputy Commissioner, Shri Surinder Lamba, IPS, SSP, Shri Ranjit Singh Bhullar, PCS, SDM, Ferozepur were the guests of honor at the occasion.

A Mass Yogasana Demonstration of all the 705 players who have participated in the 47th Sub-Junior & Junior National Yogasana Sports Championship was held in the morning of 31st October, 2022, which was highly appreciated by the guests present at the occasion.

(vi) Yoga Referee's Diploma Examination and National Yoga Referee's Up-gradation Examination – 2022 – Online on 25th December, 2022

The federation conducted online National Yoga Referees Diploma Examination & National Yoga Referee Up-gradation Examination on 25th December, 2022. Total 61 National Yoga Referees cleared the exam and were awarded National Yoga Referee Diploma Certificates.

(vii) 8th National Yoga Referees' Refresher Course

8th National Yoga Referees' Refresher Course live – online was organized on 04th & 05th February, 2023. Total 180 National Yoga Referee from all states of India refreshed their technical knowledge with this refresher course.

(viii) 47th Senior National Yogasana Sports Championship from 25th to 28th March, 2023 at Pali (Rajasthan)

The 47th Senior National Yogasana Sports Championship was held from 25th to 28th March, 2023 at Pali (Rajasthan) in which 549 Yoga Players from 28 States of India participated in six age groups of Senior Yogasana and two age groups of Professional Yogasana Competition (Males). 121 Competitors exhibited their performances in Artistic Solo, Artistic Pair, Rhythmic & Free Flow Yogasana Dance Competition. 153 National Yoga Referees of Yoga Federation of India attended the championship.

A Mass Yogasana Demonstration of all the players who have participated in the 47th Senior National Yogasana Sports Championship was held in the morning of 28th March, 2023, which was the centre of attraction of the valedictory function.

The Yoga Federation of India conveys its gratitude to all the office bearers of Yoga Federation of India, Presidents & General Secretaries, State / UT Yoga Associations, National Yoga Referees of Yoga Federation of India, Technical Team, coaches, Yoga Players & their parents for their whole hearted participation, support and co-operation to make all these activities of Yoga Federation of India possible.

The house appreciated the activities of Yoga Federation of India during the session 2022-23 and unanimously approved the same.

3. Approval of Audited Income & Expenditure Statement of Accounts for the session 2022-23.

Shri Raman Kumar, Treasurer, YFI presented the Audited Income Expenditure Statement of Accounts for the session 2022-23.

Adv. B. Balachandran, Vice President, YFI, President, Yoga Association of Kerala and Shri G. N. Krishnamurthy, President, Karnataka State Amateur Yoga Sports Association proposed and Dr. Asit Kumar Aich, Representative of President, West Bengal Yoga Association and Dr. Anita Patil, President, Maharashtra Yoga Association seconded and the house unanimously passed the audited Income & Expenditure Statement of Accounts for the session 2022-23.

4. Allotment of 49th Sub Junior & Junior National Yogasana Sports Championship, 49th Senior National Yogasana Sports Championship.

The president, YFI informed that the 48th Senior National Yogasana Sports Championship will be held from 27th to 31st March, 2024 to be organized by West Bengal Yoga Association. She requested the officials of West Bengal Yoga Association to confirm the venue of the championship immediately, so that the circular of 48th Senior National Yogasana Sports Championship may be circulated to the States of YFI in time. Shri Manik Pradhan, Organizing Secretary, West Bengal Yoga Association assured the house to act promptly in this regard.

Regarding allotment of 49th Sub-Junior & Junior National Yogasana Sports Championship, Shri Mohinder Sharma, President, Himachal Pradesh Yoga Association offered to host the 49th Sub-Junior & Junior National Yogasana Sports Championship at Una (Himachal Pradesh) most likely in the month of September, 2024. The house cheerfully accepted the proposal and unanimously allotted the 49th Sub-Junior & Junior National Yogasana Sports Championship to Himachal Pradesh Yoga Association.

Shri Jambeshwar Khuntia, Representative of Secretary, Orissa Yoga Association offered to host 49th Senior National Yogasana Sports Championship in the state of Odisha subject to the approval of office bearers of Orissa Yoga Association. Dr. Abhinav Josh, General Secretary, Yoga Sports Association of Rajasthan also gave his consent to organize 49th Senior National Yogasana Sports Championship at Jaipur (Rajasthan), if offered to host.

5. Any other point to be discussed with the permission of chair.

It was informed by the President, Yoga Federation of India that the Chandigarh Yoga Association headed by Dr. M.S. Kamboj as its president and Dr Anish Garg as its General Secretary has been merged with another association in Chandigarh. Therefore, the Chandigarh Yoga Team has come under the banner of newly formed Chandigarh

Yogasana Association headed by Shri Arvind Jain as its President and Shri Gautam Dutt Joshi as General Secretary. She appreciated the efforts of newly elected members of Chandigarh Yogasana Association especially Mr. Raman Kumar, Treasurer, YFI and his dedicated team for bringing a good team from Chandigarh within a short span of 15 days after successfully organizing Chandigarh Yogasana Sports Championship. She also appreciated Shri Arvind Jain, President, Chandigarh Yogasana Association for presenting the track suits to all the members of Chandigarh Yoga Team and proposed the house to give provisional affiliation to the Chandigarh Yogasana Association also allow the Chandigarh Yoga Team to participate in the 48th Sub-Junior & Junior National Yogasana Sports Championship. She also proposed that as Dr. M.S. Kamboj who was the President of Chandigarh Yoga Association is no more the member of YFI therefore, he may also be removed from the post of Executive Member of YFI. The members present in the house gave unanimous approval to the proposal.

It was suggested by Dr. Abhinav Joshi, General Secretary, Yoga Sports Association of Rajasthan that the entry fee of the players should be increased from Rs. 300/- to Rs. 400/-. Further it was suggested by President, YFI that If the State/UT Yoga Associations failed to send the entry fee of their state by the last of date of entry then late fee of Rs. 100/- per player may be charged, thus Rs. 500/- per player per event has to be given by the State/UT Yoga Associations and no entry of player will be allowed after the closure of the last date of entry. It was also suggested that if any candidate has to be substituted by the State Yoga Association for any reason then the entry fee of substituted candidate has to be given by the State Yoga Association. Further it was informed that for the last so many years the annual affiliation fee of Rs.5000/- is being charged from the State Yoga Associations. Therefore to raise the funds of YFI the annual affiliation fee of State/UT Yoga Associations may be raised from Rs. 5000/- to Rs. 10000/- .

It was further suggested that as YFI has increased its entry fee to Rs. 400/- therefore, the State Yoga Associations can charge upto Rs. 300/- per competitor per event for their participation in the State Yogasana Sports Championship and Rs. 200/- per competitor per event for their participation in the District Yogasana Sports Championship.

Yogiraj N. Ramalingam, General Secretary, Tamilnadu Yogasana Association proposed and Shri Manoj Pratap Singh, President, Yoga Sports Association (M.P.) seconded and the house unanimously accepted the proposal.

Shri G. N. Krishnamurthy, President, Karnataka State Amateur Yoga Sports Association proposed to give relaxation in the qualification of candidates appearing for National Yoga Referee Examination to which Adv. B. Balachandran suggested that to uphold the standard of National Yoga Referees of YFI, no relaxation may be given to the candidates appearing for National Yoga Referee Examination, which was approved by the house.


The President, Yoga Federation of India informed the house that some of the states have approached her to have separate competition of Artistic Solo, Artistic Pair & Rhythmic Yogasana Sports Competition for the Sub-Junior & Junior Group to encourage the participation of Sub-Junior Group in musical events. After discussion it was suggested that keeping in view the days of championship, initially the separate competition for Sub-Junior

& Junior Group in Artistic Solo Yogasana Competition (Male & Female) may be introduced, which was unanimously approved by the house to be implemented w.e.f. 2024-25 session i.e. 49th Sub-Junior & Junior Yogasana Sports Championship-2024.

It was suggested by Chairman, YFI that as digital scoring system has been introduced by YFI and to co-op with that it has been seen that some time the Presidents/Secretaries of State Yoga Associations are not technically expert to send timely information to Yoga Federation of India resulting which the YFI has to face lot of difficulties, therefore, the State Yoga Association should nominate state wise coordinator to liaison with the Yoga Federation of India, so that timely information may be sent to YFI to streamline the whole system. He also suggested to send a technical team of YFI comprising of four to five members in advance to the host state to deal with the arrangements of championship so that the participating teams may not face any problem during the championship.

The house gave unanimous approval to the above given suggestions.

As there was no other business to transact, the meeting came to end with vote of thanks to the chair.



(Indu Aggarwal)
President,
Yoga Federation of India

A copy is forwarded to the following for information please.

1. The Office Bearers, Yoga Federation of India.
2. The Presidents / General Secretaries, All State / U.T. Yoga Associations.
3. The Registrar, Firm & Societies, Haryana (Panchkula).



(Indu Aggarwal)
President,
Yoga Federation of India

योग: कर्मसु कौशलम्

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